

DOCUMENTS SENIORS SHOULD BE FAMILIAR WITH

1. **Durable Power of Attorney**

Gives someone, an agent in fact, authority to handle your finances.
****Effective immediately, therefore ought to be carefully guarded.

2. **Living Will**

Requests life saving or life prolonging medical treatment to be curtailed when one is: INCAPACITATED

and

- a. has a terminal condition (prognosis less than 6 months to 1 year)
or
- b. is in the end stage condition of chronic disease (e.g. Alzheimer's Disease, Parkinson Syndrome)
or
- c. is in a persistent vegetative state
or
- d. is in the process of dying

This document usually addresses with particularity:

- a. cardiopulmonary resuscitation, (however this document is NOT a DNR Order, Do Not Resuscitate Order)
- b. renal dialysis,
- c. surgery
- d. intensive care medicine:
- e. artificial sustenance and hydration,

3. **Health Care Surrogate Designation**

Assigns someone to make health care decisions for you **in the event of your inability**. (Old Law)

Assigns an alternate if the preliminary designee is unavailable. (encouraged)

New law allows for surrogate to take effect immediately (our office does not recommend)

4. **Basic Advance Directive**

- a. Cremation
- b. Medical testing
- c. HOSPICE
- d. Experimental therapy
- e. Organ donation

Handout **Allow Natural Death (AND) movement**
Handout **Florida Yellow Do Not Resuscitate Order**
Handout **Proposed Florida Physicians Orders on Life Sustaining Treatment**

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ALLOW NATURAL DEATH

In the situation when an attempted resuscitation would normally be started or attempted, I want to be allowed to undergo a natural death.

To protect myself from being denied a natural death through interference by manual chest compressions, insertion of a breathing tube in my throat, injection of needles to provide intravenous medication to make my heart beat when it has already stopped or is stopping, I have signed the attached

STATE OF FLORIDA DO NOT RESUSCITATE ORDER.

I wish to be kept comfortable, pain free and be treated with dignity and allowed to pass naturally.

To be used as a cover sheet to the
State of Florida Do Not Resuscitate Order

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ACCEPTANCE OF NATURAL DEATH

"Acceptance of a Natural Death" (AND) is a philosophical and practical response to the fear, experienced if not expressed by many elderly: the fear of dying in an Intensive Care Unit of a hospital. This scenario of tubes, breathing machines, never-ending florescent lights, away from the surroundings both familiar and loved can actually cause seniors to refrain from seeking medical assistance. The AND movement and resulting documentation of a Do Not Resuscitate Order addresses these concerns. We would be happy to discuss the legal and medical ramifications of such documentation with you.